

Help File - Folding a paper shirt



Begin with a piece of decorative paper that is one third longer than it is wide i.e. 18 x 12, 9 x 6 etc.

Here I have used a full sheet of A4 with the white border trimmed away. The size of the paper depends on how big of an embellishment you require, but the finished shirt will end up roughly $\frac{1}{4}$ the size of the paper you began with.



With the decorative side of the paper face down, mark the halfway point of the shortest edge of the paper easily by folding one edge to the other & making a small crease with your finger. Open up the paper again.



Fold the longer edge of the paper to this central crease mark, & crease well.



Turn the paper around & repeat the fold using the other edge of the paper.



Flip the paper over to the right side & fold down on end slightly – here I folded approx. 1 cm, but this will depend on the size of paper you are using.



Flip the work back over & fold down the two top tips as shown forming the shirt collar. **Do not aim for right angles.**



Turn the paper so you are working from the other short end, make a slight crease mark about half way up the long edge & use this as a guide to open up the wings of the paper fold, not quite to the side fold. Then fold the paper over so that this top edge tucks under the 'collar' & crease firmly.



The finished shirt.